

Outline

“No eye has seen, No ear has heard, Nor has it ever entered in to the human mind, the things God has prepared for those who love him.” 1 Corinthians 2:9

I. Hope starts when we get a clear picture of what we want.

Questions to Ask yourself

1. What do I want to have?

Tangible Hopes:

Intangible Hopes:

2. What do I hope to do?

3. What do I hope to learn? What skills do I hope to acquire? What degree do I want to earn?

4. What do I hope to become?

“Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus. Philippians 3:13-14

Our Hope in Christ

II. Take responsibility for your hoping.

"The Lord who rescued me from the paw of the lion and the paw of the bear will rescue me from the hand of this Philistine." I Samuel 17:37

A Rant Gone Viral

"I go from one child to another. Here's science. Here's math. How am I supposed to know all of these things? Now, our children will find out how dumb we really are. It's not right! Really! The music teacher of my youngest sent over a musical score this morning. What am I going to do with that information? Do I have some kind of band in the house? I can't read music. Just one second. Let me pull out my clarinet and help my son with his score. All day long it's, 'How is the child feeling?' How is the child feeling? He's spending the entire day on his cell phone. He's fine. Sleeping fine and eating fine. They don't stop eating. How's he feeling? Ask me how I'm feeling. I'm falling to pieces."

III. Build relationships of hope.

IV. Invite God into your hoping.

All those who were in distress or in debt or discontented gathered around him, and he became their [leader].” I Samuel 22:2

”So David and his men wept aloud until they had no strength left to weep.” I Samuel 30:4

”David was greatly distressed.” I Samuel 30:6

”David encouraged himself in the Lord...” I Samuel 30:6.

Three Resources

1. Scripture Passages on the Promises of God.
2. Scripture Passage on Who We are in Christ.
3. Christian music.

Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God.” Psalm 42:5