# Conversions "From Procrastination to Promise Keeping" Jonah 1:1-5, 17; 2:1-10

#### Outline

Proverbs 6:10-11 says, "A little sleep, a little slumber, a little folding of the hands to rest—and poverty will come on you like a thief."

*"The only thing necessary for the triumph of evil is for good men to do nothing."* — Edmund Burke Personality – Notice – Each message looks at a personality in the Bible who struggles in the area of

"The word of the LORD came to Jonah son of Amittai: <sup>2</sup> "Go to the great city of Nineveh and preach against it, because its wickedness has come up before me."

<sup>3</sup> But Jonah ran away from the LORD and headed for Tarshish. He went down to Joppa, where he found a ship bound for that port. After paying the fare, he went aboard and sailed for Tarshish to flee from the LORD.

<sup>4</sup> Then the LORD sent a great wind on the sea, and such a violent storm arose that the ship threatened to break up. <sup>5</sup> All the sailors were afraid and each cried out to his own god. And they threw the cargo into the sea to lighten the ship. But Jonah had gone below deck, where he lay down and fell into a deep sleep.

<sup>17</sup> Now the LORD provided a huge fish to swallow Jonah, and Jonah was in the belly of the fish three days and three nights. Jonah 1:1-5, 17

I. What Are You Doing for Heaven's Sake?

For you created my inmost being;

you knit me together in my mother's womb.

<sup>14</sup> I praise you because I am fearfully and wonderfully made;

your works are wonderful,

I know that full well.

<sup>15</sup> My frame was not hidden from you

when I was made in the secret place,

when I was woven together in the depths of the earth.

<sup>16</sup> Your eyes saw my unformed body;

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all the days ordained for me were written in your book before one of them came to be. <sup>17</sup> How precious to me are your thoughts, God!

"Peace be with you! As the Father has sent me, I am sending you." <sup>22</sup> And with that he breathed on them and said, 'Receive the Holy Spirit.' As the Father has sent me so I send you." John 20:21-22

"All authority in heaven and on earth has been given to me. <sup>19</sup> Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, <sup>20</sup> and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age." Matthew 28:18-20

"For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life."

### II. What Does God Have to Do to Get Your Attention?

"I prefer obedience more than sacrifice." I Samuel 15:22

"To do righteousness and justice is more acceptable to the Lord than sacrifice." Proverbs 21:3

**Reasons for Procrastination** 

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### III. What Are You Waiting For?

"From inside the fish Jonah prayed to the Lord his God."

"In my distress I called to the Lord, and he answered me. From deep in the realm of the dead I called for help, and you listened to my cry. You hurled me deep, into the very heart of the seas, and the current swirled about me." (2:1-3)

"When my life was ebbing away, I remembered you, Lord, and my prayer rose to you..." (2:7)

"Those who cling to worthless idols forfeit God's love for them." (vs. 8)

"But I, with shouts of grateful praise, will sacrifice to you." (2:9)

"What I have vowed, I will make good." (vs. 9)

"It is no longer I who live; it's Christ who lives in me." Galatians 2:20